First 90 days - Formula

will change your entire life

- ▶One Focus -
- ►Two Hours -
- ►Three month -





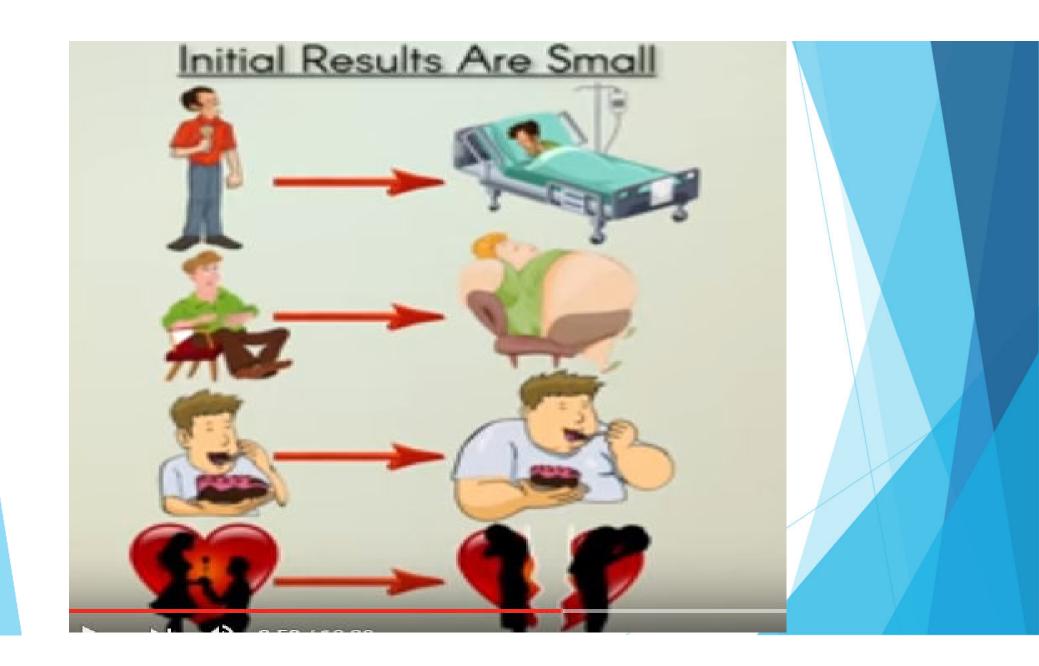


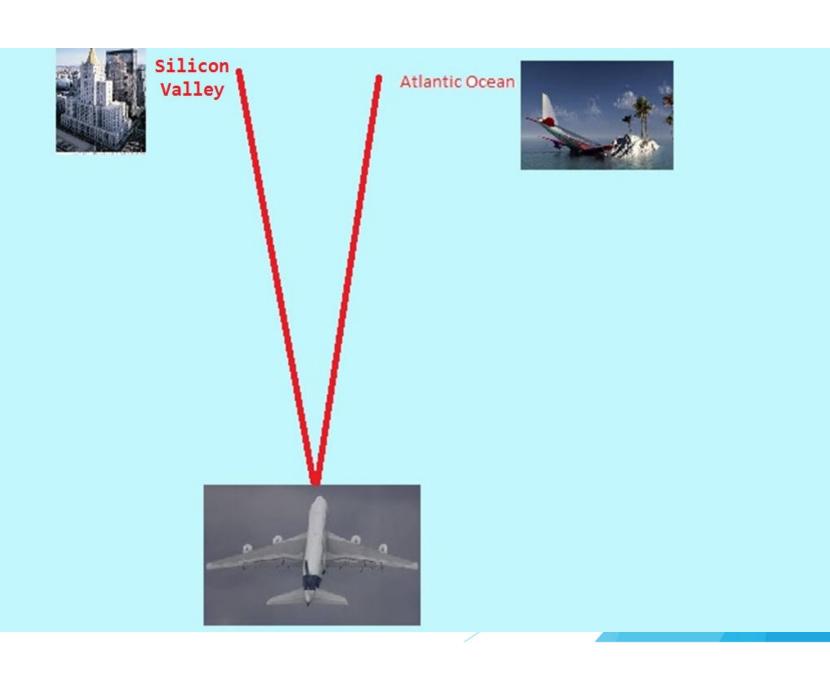
Main focus is to keep the main focus, the main focus.

- Main thing is to keep the main thing, the main thing.
- One thing completed is far better than 10 half completed things

- ▶IF you have too many priorities.
- It means you have no priority.
- If you have more then three focus.
- It means you have no focus in life.
- "A man chasing behind two rabbits catches neither"

- Mind set First 90 days
- ► Skill set -
- Initial result are always small...
- ► And mind doesn't accept small result
- ▶ Roots and fruits... if you want fruits then you have to improve the roots.



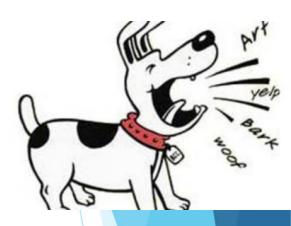


- Realistic optimism.
- ▶ High self confidence.
- Stay out of your comfort zone.
- Be Obsessive.
- Hard work.
- Focus on your strengths.
- Continuous Learning.
- Consistency.



Ignore the distractions

- You will find many dogs barking at you..
- "And you will never reach your destination if you stop and throw a stone at every dogs that barks."
- "Never argue with an idiot he will drag you down to his level and beat you by experience."
- "Never fight with a pig you will get dirty and he will enjoy it.."





Broken focus syndrome

- A average man in *metropolitan* city is looking 112 time in his phone in a day.
- ▶ A female thinks about shopping for 90 times in a day.
- ▶ We spend huge time every day thinking about our past memories.
- Social media, they are taking your focus away to generate money.
- " People are not surfing on facebook, they are suffering from face book."
- "Any content that contribute to your goal statement" Accept it.
- "Any content that doesn't contribute to your goal statement" -Reject it.

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Compound Interest Formula



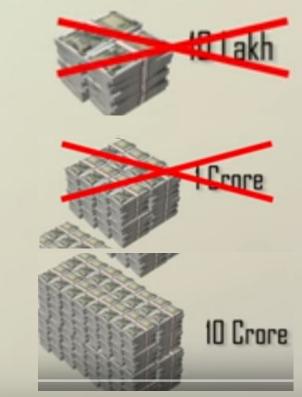
Value Double/Per Day/1 Month

Day 1 - 1 Rs

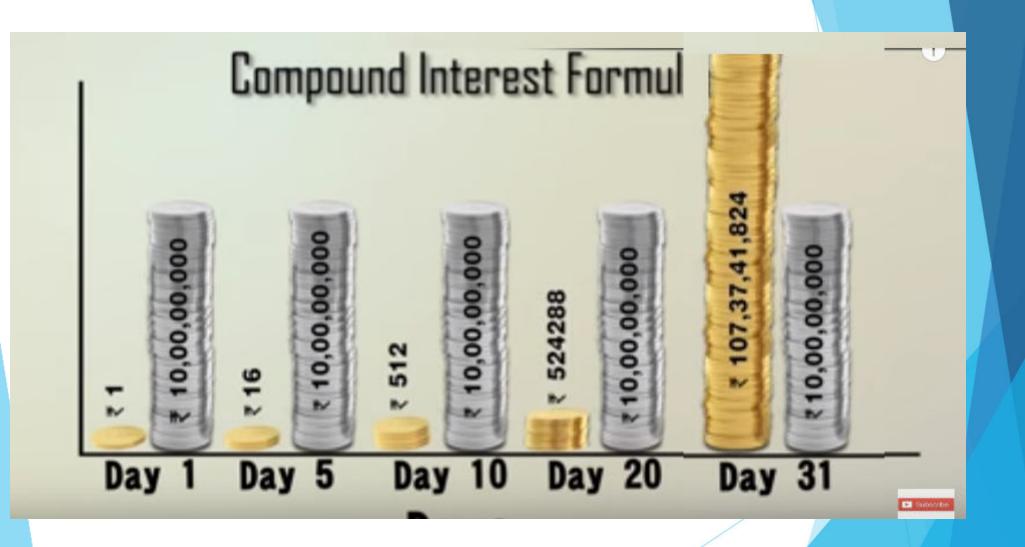
Day 2 - 2 Rs

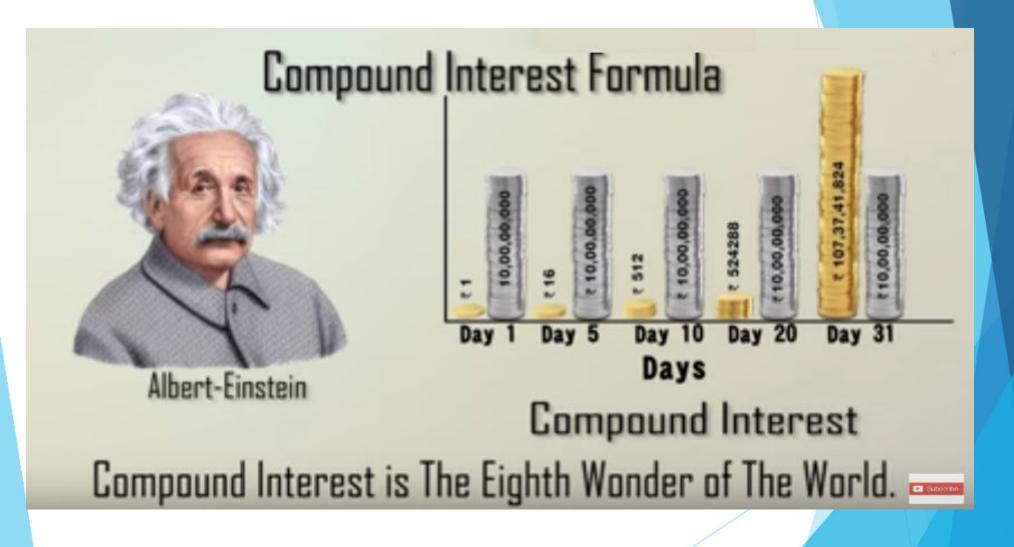
Day 3 - 4 Rs

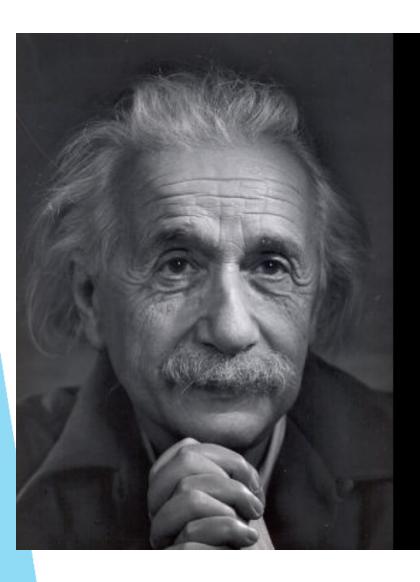
Day 4 - 8 Rs











"Compound Interest is the Eighth Wonder of the World"

Albert Einstein



Compound interest



Small 90 days will crates your big 90 years

Initial results are very small....

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Formula of development -

- **Focus**
- ▶ Learn
- **Grow**
- Enjoy
- ▶ Please don't change the order...













Dr Valuemani

- Sometimes you are unsatisfied with your life, while many people in this world are dreaming of living your life...
- A child on a farm sees a plane fly overhead & dreams of flying. But, a pilot on the plane sees the farmhouse & dreams of returning home.
- That's life!! Enjoy yours. If wealth is the secret to happiness, then the rich should be dancing on the streets. But only poor kids do that.
- ► If power ensures security, then officials should walk unguarded. But those who live simply, sleep soundly.
- If beauty and fame bring ideal relationships, then celebrities should have the best marriages.
- Live simply. Walk humbly. and love genuinely..! All good will come back to you...!!!

My top focus for 90 days is



Share your two most important learning from the session :-



We are looking forward to contribute in your success journey

